



# Pessary — Oval

## Datasheets





## Descriptions

An **oval pessary** is a soft, flexible device made from medical-grade silicone, designed to help manage **pelvic organ prolapse (POP)**. It has an **oval shape** that is slightly elongated compared to the traditional round pessaries, offering support to the vaginal walls and pelvic organs. The oval shape allows it to fit more comfortably for certain patients, particularly those with specific anatomical needs or irregular vaginal shapes.

Like other pessaries, the oval pessary works by **lifting and supporting the prolapsed organs**, such as the uterus, bladder, or rectum, preventing them from falling further into the vaginal canal. It can be used to provide temporary relief from the symptoms of prolapse or as a non-surgical option for managing the condition.

## Specification

Part Number	Fitting Set	#0		#1		#2		#3		#4		#5		Feature
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	
POV	None	-	-	2.00	51	2.25	57	2.50	64	2.75	70	3.00	76	
POVS	Available	-	-	2.00	51	2.25	57	2.50	64	2.75	70	3.00	76	With Support
Part Number	Fitting Set	#6		#7		#8		#9		#10		Feature		
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm			
POV	None	3.25	83	3.50	89	3.75	95	4.00	102	-	-			
POVS	Available	3.25	83	3.50	89	3.75	95	4.00	102	-	-	With Support		

## Packing

Part Number	Dimensions (mm)			Quantity			Weight / Carton (kg)	
	Pouch	Box	Carton	Q'ty / Box	Box / Carton	Q'ty / Carton	Net	Gross
POV01B1	120x316x13	180x130x165	369x352x411	10	12	120	1.80	5.58
POV02B1	120x316x13	180x130x165	369x352x411	10	12	120	2.04	5.82
POV03B1	120x316x13	360x130x165	369x352x411	20	6	120	2.28	5.83
POV04B1	120x316x13	360x130x165	369x352x411	20	6	120	2.52	6.07
POV05B1	120x316x13	360x130x165	369x352x411	20	6	120	3.00	6.55
POV06B1	120x356x13	360x130x165	369x352x411	20	6	120	3.36	7.19
POV07B1	120x356x13	360x130x165	369x352x411	20	6	120	3.60	7.43
POV08B1	120x356x13	180x130x165	369x352x411	10	12	120	5.16	9.22
POV09B1	120x356x13	180x130x165	369x352x411	10	12	120	5.40	9.46
POVS01B1	120x316x13	180x130x165	369x352x411	10	12	120	1.92	5.70
POVS02B1	120x316x13	180x130x165	369x352x411	10	12	120	2.16	5.94
POVS03B1	120x316x13	360x130x165	369x352x411	20	6	120	2.52	6.07
POVS04B1	120x316x13	360x130x165	369x352x411	20	6	120	2.88	6.43
POVS05B1	120x316x13	360x130x165	369x352x411	20	6	120	3.36	6.91
POVS06B1	120x356x13	360x130x165	369x352x411	20	6	120	3.72	7.55
POVS07B1	120x356x13	360x130x165	369x352x411	20	6	120	4.08	7.91
POVS08B1	120x356x13	180x130x165	369x352x411	10	12	120	5.40	9.46
POVS09B1	120x356x13	180x130x165	369x352x411	10	12	120	6.00	10.06

## Applications

- Pelvic Organ Prolapse (POP)** : Uterine prolapse, cystocele (bladder prolapse), and rectocele (rectal prolapse) can be managed effectively with an oval pessary.
- Support for Women with Unique Anatomies** : Its **oval shape** makes it particularly useful for women who may not be well-suited for round or ring-shaped pessaries due to unique vaginal anatomy.
- Mild to Moderate POP** : Effective for cases of prolapse where the pelvic organs need moderate support, but not necessarily for very advanced cases.
- Non-Surgical Management of Prolapse** : Ideal for patients who wish to avoid surgery or those who cannot undergo surgical treatment due to health concerns.
- Postpartum or Post-Surgical Relief** : Can be used to provide support during recovery from childbirth or pelvic surgery.

## Precautions

- Proper Fitting by a Healthcare Provider** : Like all pessaries, an oval pessary must be properly fitted by a healthcare provider to ensure **comfort and effectiveness**. A poorly fitting pessary can cause discomfort or fail to support the prolapsed organs adequately.
- Regular Cleaning and Maintenance** : The pessary should be removed and cleaned at regular intervals, typically every **4 to 6 weeks**, to prevent infections and irritation. Proper hygiene is essential to avoid complications.
- Vaginal Irritation and Pressure Sores** : Prolonged use without cleaning can lead to **vaginal irritation, pressure sores, or ulceration**. Regular checks are recommended to avoid these issues.
- May Not Be Suitable for Severe Prolapse** : The oval pessary is most effective for mild to moderate prolapse and may not provide sufficient support for **severe prolapse**. In such cases, more rigid or larger pessaries like the **Gellhorn** or **Gehring** pessaries may be required.
- Vaginal Atrophy Considerations** : For **postmenopausal women** or those with thinning vaginal tissues, **vaginal estrogen therapy** may be necessary to improve comfort and reduce irritation.
- Urinary or Bowel Issues** : In some cases, an oval pessary may place pressure on the bladder or rectum, which could lead to difficulty **urinating or having bowel movements**. Adjustments may be needed if these symptoms occur.

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