



Pessary — Short Stem Gellhorn Datasheets





Descriptions

A short-stem Gellhorn pessary is a firm, silicone medical device designed for managing moderate to severe pelvic organ prolapse (POP). It is a variation of the traditional Gellhorn pessary, with a shorter central stem. The shorter stem makes it more comfortable for some patients, especially those who experience discomfort from a longer-stemmed version.

Like the standard Gellhorn, it has a round, concave disc that provides support against the vaginal walls, helping to keep pelvic organs in place. The shorter stem aids in removal while minimizing irritation.

Specifications

Part Number	Fitting Set	#0		#1		#2		#3		#4		#5		Feature
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	
PGS	None	1.50	38	1.75	44	2.00	51	2.25	57	2.50	64	2.75	70	With Drain
Part Number	Fitting Set	#6		#7		#8		#9		#10		Feature		
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm			
PGS	None	3.00	76	3.25	83	3.50	89	3.75	95	-	-		With Drain	

Packing

Part Number	Dimensions (mm)			Quantity			Weight / Carton (kg)	
	Pouch	Box	Carton	Q'ty / Box	Box / Carton	Q'ty / Carton	Net	Gross
PGS00B1	120x316x54	180x130x165	369x352x411	10	12	120	2.28	6.06
PGS01B1	120x316x54	180x130x165	369x352x411	10	12	120	2.76	6.54
PGS02B1	120x316x54	360x130x165	369x352x411	20	6	120	3.36	6.91
PGS03B1	120x316x54	360x130x165	369x352x411	20	6	120	4.20	7.75
PGS04B1	120x316x54	360x130x165	369x352x411	20	6	120	5.04	8.59
PGS05B1	120x316x54	360x130x165	369x352x411	20	6	120	5.94	9.49
PGS06B1	120x356x54	360x130x165	369x352x411	20	6	120	6.72	10.55
PGS07B1	120x356x54	360x130x165	369x352x411	20	6	120	7.92	11.75
PGS08B1	120x356x54	360x130x165	369x352x411	20	6	120	9.00	12.83
PGS09B1	120x356x54	360x130x165	369x352x411	20	6	120	10.32	14.15

Applications

- Moderate to Severe Pelvic Organ Prolapse (POP) : Supports uterine prolapse, cystocele (bladder prolapse), and rectocele (rectal prolapse).
- Patients Experiencing Discomfort with a Standard Gellhorn Pessary : The shorter stem reduces pressure or irritation, making it more tolerable.
- Non-Surgical Alternative to POP Repair Surgery : Ideal for those who cannot or do not wish to undergo surgery.
- Patients Who Require Stronger Support Than a Ring or Dish Pessary Can Provide.

Precautions

- Requires Professional Insertion and Removal : Due to its design, most patients cannot remove or reinsert it on their own. A healthcare provider must manage it.
- Regular Check-Ups Are Essential : Needs periodic removal and cleaning (typically every 4 to 12 weeks) to prevent infections and complications.
- Risk of Vaginal Irritation and Ulcers : If left in place too long, it can cause pressure sores, irritation, or tissue erosion.
- May Cause Urinary or Bowel Symptoms : Some patients may experience difficulty urinating or defecating if the pessary presses on the urethra or rectum.
- Not Ideal for Patients with Severe Vaginal Atrophy : Vaginal estrogen therapy may be recommended for postmenopausal women to prevent discomfort and tissue thinning.

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