



# Pessary — Donut

## Datasheets





## Descriptions

The **Donut Pessary** is a ring-shaped medical device made from medical-grade silicone. It is designed to support the vaginal walls and pelvic organs, providing relief for conditions such as pelvic organ prolapse (POP). The pessary is flexible and can be inserted and removed by a healthcare provider or, in some cases, by the patient.

## Specifications

Part Number	Fitting Set	#0		#1		#2		#3		#4		#5		Feature
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	
PD	None	2.00	51	2.25	57	2.50	64	2.75	70	3.00	76	3.25	83	
Part Number	Fitting Set	#6		#7		#8		#9		#10				Feature
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	
PD	None	3.50	89	3.75	95	-	-	-	-	-	-			

## Packing

Part Number	Dimensions (mm)			Quantity			Weight / Carton (kg)	
	Pouch	Box	Carton	Q'ty / Box	Box / Carton	Q'ty / Carton	Net	Gross
PD00B1	120x316x19	180x130x165	369x352x411	10	12	120	2.16	5.94
PD01B1	120x316x22	180x130x165	369x352x411	10	12	120	3.36	7.14
PD02B1	120x316x25	360x130x165	369x352x411	20	6	120	3.60	7.15
PD03B1	120x316x27	360x130x165	369x352x411	20	6	120	4.80	8.35
PD04B1	120x316x30	360x130x165	369x352x411	20	6	120	5.64	9.19
PD05B1	120x316x33	360x130x165	369x352x411	10	6	60	3.84	6.30
PD06B1	120x316x36	360x130x165	369x352x411	10	6	60	4.08	6.68
PD07B1	120x316x40	360x130x165	369x352x411	10	6	60	4.68	7.28

## Applications

The donut pessary is primarily used for:

- Pelvic Organ Prolapse (POP)** : Commonly used in cases of moderate to severe uterine, bladder (cystocele), or rectal (rectocele) prolapse.
- Urinary Incontinence** : It may help manage stress incontinence by providing additional support to the bladder.
- Non-Surgical Management** : Ideal for patients who cannot or do not wish to undergo surgery.
- Postpartum or Post-Surgical Support** : In some cases, a pessary may be used temporarily to aid recovery.

## Precautions

While a donut pessary is generally safe, certain precautions must be considered:

- Regular Cleaning and Maintenance** : The device should be removed, cleaned, and reinserted as per medical advice to prevent infections.
- Monitoring for Complications** : Prolonged use without proper care may lead to vaginal irritation, ulceration, or infection.
- Professional Fitting Required** : An improper fit can cause discomfort or ineffective support.
- Contraindications** : Not suitable for patients with severe vaginal atrophy, active infections, or allergic reactions to the material.
- Follow-up Visits** : Regular medical check-ups are necessary to ensure proper function and to check for complications.

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