



Pessary — Dish

Datasheets





Descriptions

A **dish pessary** is a round, concave medical device made of medical-grade silicone, designed with a central support knob. It provides structural support to the vaginal walls and pelvic organs, helping to manage pelvic organ prolapse (POP) and stress urinary incontinence (SUI).

Unlike the ring or donut pessary, the dish pessary has a flatter, dish-like shape, which allows it to provide more evenly distributed support while maintaining comfort. It is particularly useful for individuals who experience both prolapse and urinary leakage.

Specifications

Part Number	Fitting Set	#0		#1		#2		#3		#4		#5		Feature
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm	
PDIS	None	2.00	50	2.15	55	2.35	60	2.55	65	2.75	70	2.95	75	
PDISS	Available	2.00	50	2.15	55	2.35	60	2.55	65	2.75	70	2.95	75	With Support
Part Number	Fitting Set	#6		#7		#8		#9		#10		Feature		
		Inch	mm	Inch	mm	Inch	mm	Inch	mm	Inch	mm			
PDIS	None	3.15	80	3.35	85	-	-	-	-	-	-			
PDISS	Available	3.15	80	3.35	85	-	-	-	-	-	-		With Support	

Packing

Part Number	Dimensions (mm)			Quantity			Weight / Carton (kg)	
	Pouch	Box	Carton	Q'ty / Box	Box / Carton	Q'ty / Carton	Net	Gross
PDIS00B1	120x316x24	180x130x165	369x352x411	10	12	120	1.74	5.52
PDIS01B1	120x316x24	180x130x165	369x352x411	10	12	120	2.10	5.88
PDIS02B1	120x316x24	360x130x165	369x352x411	10	12	120	2.40	6.18
PDIS03B1	120x316x24	360x130x165	369x352x411	10	12	120	2.64	6.42
PDIS04B1	120x316x24	360x130x165	369x352x411	10	12	120	3.12	6.90
PDIS05B1	120x316x24	360x130x165	369x352x411	10	12	120	3.36	7.14
PDIS06B1	120x356x24	360x130x165	369x352x411	10	12	120	3.72	7.78
PDIS07B1	120x356x24	360x130x165	369x352x411	10	12	120	3.84	7.90
PDISS00B1	120x316x24	180x130x165	369x352x411	10	12	120	1.86	5.64
PDISS01B1	120x316x24	180x130x165	369x352x411	10	12	120	2.22	6.00
PDISS02B1	120x316x24	360x130x165	369x352x411	10	12	120	2.52	6.30
PDISS03B1	120x316x24	360x130x165	369x352x411	10	12	120	2.76	6.54
PDISS04B1	120x316x24	360x130x165	369x352x411	10	12	120	3.24	7.02
PDISS05B1	120x316x24	360x130x165	369x352x411	10	12	120	3.60	7.38
PDISS06B1	120x356x24	360x130x165	369x352x411	10	12	120	3.96	8.02
PDISS07B1	120x356x24	360x130x165	369x352x411	10	12	120	4.32	8.38

Applications

The dish pessary is commonly used for:

- Mild to Moderate Pelvic Organ Prolapse (POP)** : Supports uterine prolapse, cystocele (bladder prolapse), or rectocele (rectal prolapse).
- Stress Urinary Incontinence (SUI)** : The central knob applies gentle pressure to the urethra, reducing urine leakage during activities like coughing, sneezing, or exercising.
- Postpartum or Temporary Pelvic Support** : Can be used to provide short-term relief after childbirth or pelvic surgery.
- Non-Surgical Management** : Beneficial for patients who prefer conservative treatment over surgery or are not surgical candidates.

Precautions

- Proper Fitting Required** : A dish pessary should be fitted by a healthcare professional to avoid discomfort or displacement.
- Regular Cleaning and Monitoring** : Patients must follow a schedule for removing, cleaning, and reinserting the pessary to prevent infections and irritation.
- Risk of Vaginal Irritation or Ulcers** : If left in place too long without cleaning, the pessary may cause pressure sores or vaginal tissue damage.
- Not Suitable for All Patients** : Women with severe vaginal atrophy, infections, or discomfort from pessary use may need alternative treatments.
- Follow-up Appointments** : Regular check-ups are essential to ensure proper function and to monitor for any complications.

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